AVISTA CORP Form 4 June 06, 2014

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or January 31, Expires: 2005

Issuer

Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

(Check all applicable)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

2. Issuer Name and Ticker or Trading

AVISTA CORP [AVA]

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Symbol

1(b).

Spouse

(Print or Type Responses)

1. Name and Address of Reporting Person *

WOODWORTH ROGER D

	(Last)	(First) (Mi	iddle) 3. Date of	f Earliest Transaction						
	1411 E MISSION AVE		(Month/D 06/05/20		Director 10% OwnerX Officer (give title Other (specify below) Vice President					
(Street) SPOKANE, WA 99202				endment, Date Original hth/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
					Form filed by More than One Reporting Person					
	(City)	(State) (Z	Zip) Tabl	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned						
	1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		Code (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. 7. Nature of Ownership Indirect Form: Beneficial Direct (D) Ownership or Indirect (I) (Instr. 4)				
	Stock	06/05/2014		S 1,000 D \$ 31.	5 25,819.5768	D				
	Common Stock held in 401(k) Plan				6,272.6645	I Held by Trustee				
	Common Stock held in IRA				400	I Held by Trustee				
	Common Stock held by				1,000	I Held by				

Spouse

Edgar Filing: AVISTA CORP - Form 4

Common			
Stock held by	148.4692	T	Held by
child, Patrick	140.4092	1	Child
Woodworth			

woodwortii

Common
Stock held in
Executive

1,630.4831 I
Held by
Plan

Deferral Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4. Transactio	5. orNumber	6. Date Exerc Expiration D		7. Title Amou		8. Price of Derivative	9. Nu Deriv
Security	or Exercise	,	any	Code	of	(Month/Day/		Under	lying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	`	,	Securi		(Instr. 5)	Bene
(Derivative		((2110111 0)	Securities				3 and 4)	(======================================	Own
	Security				Acquired			(222021			Follo
	2 3 2 22 22 2				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						(
					4, and 5)						
									Amount		
						Date	Expiration		or Namelana		
						Exercisable	Date	Title	Number		
				C + V	(A) (D)				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

WOODWORTH ROGER D 1411 E MISSION AVE SPOKANE, WA 99202

Vice President

Signatures

/s/ Roger D. 06/06/2014 Woodworth

**Signature of Reporting Date
Person

Reporting Owners 2

Edgar Filing: AVISTA CORP - Form 4

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.