O'Beirne Colin P Form 4 February 28, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer

subject to Section 16. Form 4 or Form 5

obligations

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

3. Date of Earliest Transaction

4. If Amendment, Date Original

Filed(Month/Day/Year)

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading O'Beirne Colin P Symbol SOUTHWESTERN ENERGY CO [SWN]

> (First) (Middle)

(Month/Day/Year) 10000 ENERGY DRIVE, P. O. BOX 02/26/2019

12359

(Street)

SPRING, TX 77391

OMB

OMB APPROVAL

Number:

3235-0287 January 31,

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0.5

2005

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

Director 10% Owner X_ Officer (give title Other (specify

below)

Vice President and Controller

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

							. / .	<i>'</i>	•
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if any	Code	4. Securities Acquired on(A) or Disposed of (D)			5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or	Indirect Beneficial
		(Month/Day/Year)	(Instr. 8)	(A)		Owned Following	Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
						Reported Transaction(s) (Instr. 3 and 4)			
			Code V	Amount	(D)	Price	(1115ti. 5 and 4)		
Common Stock	02/27/2019		M	9,015	A	\$ 0 (1)	35,121	D	
Common Stock	02/27/2019		D	9,015	D	\$ 4.29	26,106	D	
Common Stock							2,353.7529	I	by 401K

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of inDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricte Stock U	\$ (1)	02/27/2019		M		9,015	(2)	(2)	Common Stock	9,015
Restricte Stock U	(3)	02/26/2019		A	53,580		<u>(4)</u>	<u>(4)</u>	Common Stock	53,580

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

O'Beirne Colin P 10000 ENERGY DRIVE P. O. BOX 12359 SPRING, TX 77391

Vice President and Controller

Signatures

/s/ Melissa D. McCarty, attorney-in-fact for Colin P. O'Beirne

02/28/2019

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each Restricted Stock Unit ("RSU") has the economic equivalent of one share of Southwestern Energy Company ("SWN") common stock. The RSUs vesting on February 27, 2019 were settled in cash based on the closing price of SWN common stock on the vesting date.
- On February 27, 2018, the reporting person was granted 36,060 RSUs, vesting in four equal installments beginning on the first (2) anniversary of the grant date, or immediately upon death, disability, retirement at age 65 with required years of service, or a change in control. Vesting RSUs will be settled in shares of SWN common stock, cash, or a combination of shares of SWN common stock and cash.
- (3) Each RSU represents a contingent right to receive one share of SWN common stock or an amount in cash equal to the Fair Market Value of one share of SWN common stock.
- On February 26, 2019, the reporting person was granted RSUs, vesting in four equal installments beginning on the first anniversary of the grant date, or immediately upon death, disability, retirement at age 65 with the required years of service, or a change in control. Vesting RSUs will be settled in shares of SWN common stock, cash, or a combination of shares of SWN common stock and cash.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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