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KADANT I Form 4 December 0											
FORM									PROVAL		
	UNITED ST		RITIES A shington,			NGE C	OMMISSION	OMB Number:	3235-0287		
Check th if no lon	ger							Expires:	January 31, 2005		
subject t Section Form 4 d	51ATEME 16.	STATEMENT OF CHANGES IN BENEFICIAL OWN SECURITIES						Estimated a burden hou	verage rs per		
Form 4 or Form 5 obligations may continue.response0.5See Instruction 1(b).Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19400.5											
(Print or Type Responses)											
	Address of Reporting Per E WILLIAM A	Symbol	er Name and		Tradin	ıg	5. Relationship of Issuer	Reporting Pers	on(s) to		
			NT INC [-			(Check all applicable)				
(Last)	(First) (Mid	dle) 3. Date of (Month/	f Earliest Transaction				_X_ Director	10%	Owner		
KADANT	INC., ONE	12/01/2	-				XOfficer (give title Other (specify				
TECHNOL	OGY PARK DRIVI	Ξ					below) Chief E	Executive Offic	er		
	(Street)	4. If Am	endment, Da	ate Origina	l		6. Individual or Jo	int/Group Filir	g(Check		
		Filed(Mo	onth/Day/Year	r)			Applicable Line) X. Form filed by One Reporting Person				
WESTFORD, MA 01886 Form filed by One Reporting Person Form filed by More than One Reporting Person Person											
(City)	(State) (Zi	^{p)} Tab	ole I - Non-I	Derivative	Securi	ities Acqu	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	(Month/Day/Year) E	ransaction Date 2A. Deemed nth/Day/Year) Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired Transactior(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	(D)	Price	(Instr. 3 and 4)				
Common Stock	12/01/2006		М	300	А	\$ 13.05	100,386	D			
Common Stock	12/01/2006		S	300	D	\$ 23.15	100,086	D			
Common Stock	12/01/2006		М	100	A	\$ 13.05	100,186	D			
Common Stock	12/01/2006		S	100	D	\$ 23.13	100,086	D			

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12/01/2006	S	100	D	\$	100.086	D
12/01/2000	5	100	D		100,000	D
12/01/2006	М	100	А	\$ 13.05	100,186	D
12/01/2006	S	100	D	\$ 23.11	100,086	D
12/01/2006	М	200	А	\$ 13.05	100,286	D
12/01/2006	S	200	D	\$ 23.1	100,086	D
12/01/2006	М	100	А	\$ 13.05	100,186	D
12/01/2006	S	100	D	\$ 23.08	100,086	D
12/01/2006	М	100	А	\$ 13.05	100,186	D
12/01/2006	S	100	D	\$ 23.07	100,086	D
12/01/2006	М	1,200	А	\$ 13.05	101,286	D
12/01/2006	S	1,200	D	\$ 23.06	100,086	D
12/01/2006	М	1,000	А	\$ 13.05	101,086	D
12/01/2006	S	1,000	D	\$ 23.05	100,086	D
12/01/2006	М	400	А	\$ 13.05	100,486	D
12/01/2006	S	400	D	\$ 23.04	100,086	D
12/01/2006	М	200	А	\$ 13.05	100,286	D
12/01/2006	S	200	D	\$ 23.02	100,086	D
12/01/2006	М	300	А	\$ 13.05	100,386	D
12/01/2006	S	300	D	\$ 23.01	100,086	D
12/01/2006	М	10,800	А	\$ 13.05	110,886	D
12/01/2006	S	10,800	D	\$ 23	100,086	D
	12/01/2006 12/01/2006 12/01/2006 12/01/2006 12/01/2006 12/01/2006 12/01/2006 12/01/2006 12/01/2006 12/01/2006 12/01/2006 12/01/2006 12/01/2006 12/01/2006 12/01/2006	12/01/2006 M 12/01/2006 M 12/01/2006 S 12/01/2006 M 12/01/2006 M	12/01/2006 M 100 12/01/2006 S 100 12/01/2006 M 200 12/01/2006 S 200 12/01/2006 M 100 12/01/2006 M 1200 12/01/2006 M 1,200 12/01/2006 M 1,000 12/01/2006 M 1,000 12/01/2006 M 1,000 12/01/2006 M 2,00 12/01/2006 M 2,00 12/01/2006 M 2,00 12/01/2006 M 2,00 12/01/2006 M 3,00 12/01/2006 M 3,00	12/01/2006 M 100 A 12/01/2006 S 100 A 12/01/2006 M 200 A 12/01/2006 S 200 D 12/01/2006 M 100 A 12/01/2006 M 100 A 12/01/2006 M 100 A 12/01/2006 M 100 A 12/01/2006 S 100 A 12/01/2006 S 100 A 12/01/2006 M 1,200 A 12/01/2006 S 1,000 A 12/01/2006 S 1,000 A 12/01/2006 S 1,000 A 12/01/2006 S 400 A 12/01/2006 S 200 A 12/01/2006 S 200 A 12/01/2006 S 200 A 12/01/2006 S 300 A 12/01/2006 S 300 A 12/01/2006 S 300<	12/01/2006M100A $\stackrel{\$}{$13.05}$ 12/01/2006S100D $\stackrel{\$}{$23.11}$ 12/01/2006M200A $\stackrel{\$}{$13.05}$ 12/01/2006S200D\$23.1112/01/2006S200D\$23.1112/01/2006S200D\$23.1112/01/2006S100A $\stackrel{\$}{$13.05}$ 12/01/2006S100D $\stackrel{\$}{$23.08}$ 12/01/2006S100D $\stackrel{\$}{$23.07}$ 12/01/2006S100D $\stackrel{\$}{$23.07}$ 12/01/2006S1,200A $\stackrel{\$}{$13.05}$ 12/01/2006S1,200D $\stackrel{\$}{$23.06}$ 12/01/2006S1,000A $\stackrel{\$}{$13.05}$ 12/01/2006S1,000A $\stackrel{\$}{$13.05}$ 12/01/2006S0,000D $\stackrel{\$}{$23.06}$ 12/01/2006S0,000A $\stackrel{\$}{$13.05}$ 12/01/2006S0,000A $\stackrel{\$}{$13.05}$ 12/01/2006S200D $\stackrel{\$}{$23.02}$ 12/01/2006S200D $\stackrel{\$}{$23.02}$ 12/01/2006S300A $\stackrel{\$}{$13.05}$ 12/01/2006S300D $\stackrel{\$}{$23.02}$ 12/01/2006S300D $\stackrel{\$}{$23.02}$ 12/01/2006S300D $\stackrel{\$}{$23.02}$ 12/01/2006S300D $\stackrel{\$}{$23.02}$ 12/01/2006S300A	12/01/2006M100A $\begin{array}{c} $ \\ 13.05 \\ 23.11 \\ 100.086 \\ 23.11 \\ 100.086 \\ 12/01/2006 \\ M200A\begin{array}{c} $ \\ 23.12 \\ 100.086 \\ 13.05 \\ 100.286 \\ 12/01/2006 \\ M200A\begin{array}{c} $ \\ $ \\ 13.05 \\ 100.086 \\ 13.05 \\ 100.086 \\ 12/01/2006 \\ M100A\begin{array}{c} $ \\ $ \\ 13.05 \\ 100.086 \\ 12/01/2006 \\ M100A\begin{array}{c} $ \\ $ \\ $ \\ 3.08 \\ 13.05 \\ 100.086 \\ 12/01/2006 \\ M100A\begin{array}{c} $ \\ $ \\ $ \\ $ \\ 3.08 \\ 13.05 \\ 10.086 \\ 12/01/2006 \\ M100A\begin{array}{c} $ \\ $ \\ $ \\ $ \\ 3.05 \\ 100.086 \\ 12/01/2006 \\ M1000A\begin{array}{c} $ \\ $ \\ $ \\ $ \\ 3.05 \\ 100.086 \\ 12/01/2006 \\ MA\begin{array}{c} $ \\ $ \\ $ \\ $ \\ $ \\ 3.05 \\ 100.086 \\ 12/01/2006 \\ MA\begin{array}{c} $ \\ $ \\ $ \\ $ \\ $ \\ $ \\ $ \\ $ \\ $ \\ $ $

Common Stock						
Common Stock	12/01/2006	М	700	А	\$ 13.05 100,786	D
Common Stock	12/01/2006	S	700	D	\$ 22.99 100,086	D
Common Stock	12/01/2006	М	100	А	\$ 100,186	D
Common Stock	12/01/2006	S	100	D	\$ 22.98 100,086	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right To Buy)	\$ 13.05	12/01/2006		М	15,700	12/10/2001	12/10/2008	Common Stock	15,700

Reporting Owners

Reporting Owner Name / Address	Relationships							
hepoting o when theme i the too	Director	10% Owner	Officer	Other				
RAINVILLE WILLIAM A KADANT INC. ONE TECHNOLOGY PARK DRIVE WESTFORD, MA 01886	Х		Chief Executive Officer					

Signatures

by Sandra L. Lambert for William A. Rainville

12/05/2006

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.