

Symmetry Medical Inc.  
Form 8-K  
September 09, 2010

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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

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FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): September 7, 2010

SYMMETRY MEDICAL INC.  
(Exact name of Registrant as specified in its charter)

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Delaware  
(State or other jurisdiction  
of incorporation)

001-32374  
(Commission File Number)

35-1996126  
(IRS Employer  
Identification No.)

3724 N State Road 15, Warsaw, Indiana 46582  
(Address of Principal executive offices, including Zip Code)

(574) 268-2252  
(Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 8.01.

Other Events

On September 7, 2010, Symmetry Medical, Inc. issued a press release entitled "Symmetry Medical to Present at Two Upcoming Conferences," in which it announced that it will present at conferences to be held on September 17 and September 21, 2010.

A copy of this press release is being furnished as Exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

(d) Exhibits

99.1 "Symmetry Medical to Present at Two Upcoming Conferences," Press Release issued by Symmetry Medical, Inc. dated September 7, 2010.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Symmetry Medical Inc.

/s/ Fred L. Hite

Name: Fred L. Hite

Title: Chief Financial Officer

Date: September 7, 2010

EXHIBIT INDEX

Exhibit

No. Description

99.1 "Symmetry Medical to Present at Two Upcoming Conferences," Press Release issued by Symmetry Medical, Inc. dated September 7, 2010.

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