

STERLING GROUP VENTURES INC

Form 8-K

April 29, 2016

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION**
Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): April 19, 2016

STERLING GROUP VENTURES, INC.

(Exact name of registrant as specified in its charter)

Nevada
(State or other jurisdiction
of incorporation)

000-51775
(Commission
File Number)

72-1535634
(IRS Employer
Identification No.)

904-1455 Howe Steet,
Vancouver, B.C., Canada
(Address of principal executive offices)

V6Z 1C2
(Zip Code)

Registrant's telephone number, including area code: (604) 684-1001

n/a

(Former name or former address, if changes since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Section 5 – Corporate Governance and Management

**ITEM 5.02. DEPARTURE OF DIRECTOR OR PRINCIPAL OFFICERS; ELECTION OF DIRECTORS;
APPOINTMENT OF PRINCIPAL OFFICERS.**

On April 19, 2016, the Board of Directors of Sterling Group Ventures Inc. (the "Company") held a special meeting at which they appointed Mr. Hanwei Guo to the Board of Directors of the Company. Mr. Guo is an entrepreneur from China with real estate interests and investments in China.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

STERLING GROUP VENTURES, INC.

/s/Christopher Tsakok

Christopher Tsakok
Chairman & CEO

April 28, 2016
