

STERLING GROUP VENTURES INC

Form 8-K

January 30, 2018

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): January 30, 2018

STERLING GROUP VENTURES, INC.

(Exact name of registrant as specified in its charter)

Nevada
(State or other jurisdiction
of incorporation)

000-51775
(Commission
File Number)

72-1535634
(IRS Employer
Identification No.)

Unit 520, 409 Granville Street,
Vancouver, B.C., Canada
(Address of principal executive offices)

V6C 1T2
(Zip Code)

Registrant's telephone number, including area code: (604) 564-0765

Unit 2, 155 Water Street, Vancouver, BC, Canada V6B 1A7
(Former name or former address, if changes since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

“ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

“ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a -12)

“ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d -2(b))

“ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e -4(c))

Section 7 – Regulation FD

ITEM 7.01. REGULATION FD DISCLOSURE.

On January 30, 2018, the Company distributed a news release regarding corporate update. A copy of the press release is attached hereto as Exhibit 99.1 to this Form 8-K and is incorporated herein by reference.

Section 9 – Financial Statements and Exhibits

ITEM 9.01. FINANCIAL STATEMENTS AND EXHIBITS.

<u>Exhibit No.</u>	<u>Description</u>
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<u>99.1</u>	<u>Press Release "STERLING GROUP VENTURES: CORPORATE UPDATE" dated January 30, 2018.</u>
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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

STERLING GROUP VENTURES, INC.

/s/Nicolaos Mellios

Nicolaos Mellios
Chairman & CEO

January 30, 2018
