SPECTER ERIC M Form 4 March 29, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB 3235-0287 Number: January 31,

2005 Estimated average burden hours per

Expires:

5 Relationship of Reporting Person(s) to

response... 0.5

Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Common

Stock

(Print or Type Responses)

1 Name and Address of Reporting Person *

03/26/2010

	SPECTER E	reison _	Symbol	IING SH	OPPES INC	Issuer (Check all applicable)				
(Last) (First) (Middle)			Middle)	3. Date of (Month/D	Earliest Tra	ansaction		e title Oth		
	450 WINKS	LANE		03/26/20	•		below) EVP - Ch	(Check all applicable) irector 10% Own officer (give title Other (sp below) EVP - Chief Financial Office idual or Joint/Group Filing(Check Line) on filed by One Reporting Person on filed by More than One Reporting isposed of, or Beneficially One int of 6. Ownership 7. Notes Form: Direct Ind ally (D) or Ber Indirect (I) Own one (Instr. 4) (Instr. 4)	fficer	
	(Street)			4. If Amer	ndment, Da	te Original	6. Individual or Joint/Group Filing(Check			
				Filed(Mon	th/Day/Year)		Applicable Line) _X_ Form filed by One Reporting Person			
BENSALEM, PA 19020 (City) (State) (Zip)							Form filed by More than One Reporting Person quired, Disposed of, or Beneficially Owned			
				Table	e I - Non-D	erivative Securities Acq				
	1.Title of	2. Transaction Date	e 2A. Dee	med	3.	4. Securities Acquired	5. Amount of	6. Ownership	7. Nature of	
	Security	(Month/Day/Year)	Execution	on Date, if	Transactio	on(A) or Disposed of	Securities	Form: Direct	Indirect	
	(Instr. 3)		any		Code	(D)	Beneficially	(D) or	Beneficial	
			(Month/	Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)	Owned	Indirect (I)	Ownership	
							Following	(Instr. 4)	(Instr. 4)	
						(A)	Reported			
						(A)	Transaction(s)			

Code V Amount

3,291

F

(D)

D

Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

(Instr. 3 and 4)

D

199,613

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exerc		7. Titl		8. Price of	9. Nu
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transacti Code (Instr. 8)	ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Amou Under Securi (Instr.	rlying	Derivative Security (Instr. 5)	Deriv Secur Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SPECTER ERIC M 450 WINKS LANE BENSALEM, PA 19020

EVP - Chief Financial Officer

Signatures

ERIC M. 03/26/2010 SPECTER

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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