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HERBALIF	E LTD.											
Form 4	_											
May 31, 200										0.45		
FORM	14	статес с	FCUDITU	FS /		~U А	NCE	COMMISSIO	NI .		APPROV	AL
	UNITED	SIAILSS			, D.C. 20		NGE	COMMISSIO		OMB Number:		5-0287
Check th if no lon	aer.		~~~					E	Expires:	Janua	ary 31, 2005	
subject to Section Form 4 o Form 5		SE	RITIES			VNERSHIP O	t r		ted average hours per			
obligatio may con <i>See</i> Instr 1(b).	tinue. Section 17(a) of the Pu		Hol	ding Con	ipany	Act	ge Act of 1934 of 1935 or Sect 940				
(Print or Type	Responses)											
1. Name and A JOHNSON	2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]					5. Relationship of Reporting Person(s) to Issuer						
(Lost)					(Che				neck a	ck all applicable)		
(Month/I				Date of Earliest Transaction Ionth/Day/Year) 5/29/2007				X Director 10% Owner X Officer (give title Other (specify below) below) CEO				
				f Amendment, Date Original ed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
LOS ANGE	ELES, CA 90067							Person	y wore		Reporting	
(City)	(State)	(Zip)	Table I - N	Non-I	Derivative	Secur	ities A	cquired, Disposed	l of, oi	r Benefic	cially Owne	ed
1.Title of Security (Instr. 3)	2. Transaction Date 2A. De (Month/Day/Year) Executi any (Month		ate, if Tran Code	Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5)			of	SecuritiesOBeneficiallyFOwnedD		wnership orm: irect (D) Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				e V	Amount	(A) or (D)	Price	Transaction(s) (I (Instr. 3 and 4)		r. 4)		
Common Stock	05/29/2007		А		20,700 (1)	A	\$0	81,049	D			
Common Stock								56,561	Ι		Benefici owned through Michael Johnson	0.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
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(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) o Disposed of (D (Instr. 3, 4, and 5))	Date	7. Title and Amoun Underlying Securiti (Instr. 3 and 4)	
				Code V	(A) (D	Date Exercisable	Expiration Date	Title	Amoi Numl Share
Stock Appreciation Rights (2)	\$ 40.25	05/29/2007		А	145,000	(3)	05/29/2017	Common Stock	145.

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
JOHNSON MICHAEL 1800 CENTURY PARK EAST LOS ANGELES, CA 90067	Х		CEO				
Signatures							
Vicki Tuchman by Power of		05/31/2007	7				

^{**}Signature of Reporting Person D Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

- Consists of grant of restricted stock units under the Herbalife Ltd. 2005 Stock Incentive Plan. Each restricted stock unit represents a
 (1) contingent right to receive one share of Common Stock and vests with respect to 1/3 of the stock units awarded on June 29, 2008, May 29, 2009 and May 29, 2010.
- (2) Stock Appreciation Rights granted pursuant to the Herbalife Ltd. 2005 Stock Incentive Plan.
- (3) Stock Appreciation Rights vest in 20% increments on May 29, 2008 and on May 29, 2009 with the remaining 60% increment vesting on May 29, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Attorney