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KETTIG DA	VID T										
Form 4											
November 1										PROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						OMB OMB Number:	3235-0287				
Check thi if no long subject to Section 1 Form 4 of Form 5 obligation may cont <i>See</i> Instru 1(b).	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Section of the Investment Company Act of 1940						January 31 Expires: 2005 Estimated average burden hours per response 0.5				
(Print or Type F	Responses)										
1. Name and Address of Reporting Person <u>*</u> KETTIG DAVID T			2. Issuer Name and Ticker or Trading Symbol INDEPENDENCE HOLDING CO [IHC]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Me			(Month/E	3. Date of Earliest Transaction (Month/Day/Year) 11/16/2017				_X_ Director 10% Owner _X_ Officer (give title Other (specify below) below) President and COO			
				Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
STANIFUR	D, CT 00902							Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	Derivative S	Securi	ties Acqu	ired, Disposed of	or Beneficial	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Execution any	cution Date, if Transaction(A) or Disposed of (D) Securitie Code (Instr. 3, 4 and 5) Benefici nth/Day/Year) (Instr. 8) Owned Followin (A) Transact or		Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	11/16/2017			М	27,500	А	\$ 9.99	132,056	D		
Common Stock	11/16/2017			F <u>(1)</u>	18,507	D	\$ 27.65	113,549	D		
Common Stock	11/16/2017			D	25,000	D	\$ 27.65	88,549	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number orDerivative Securities (A) or Dis (D) (Instr. 3, 4	e Acquired sposed of	6. Date Exerce Expiration D (Month/Day/	ate	7. Title and A Underlying S (Instr. 3 and	Sec
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	A O N O
Stock Option (Right to buy)	\$ 9.99	11/16/2017		М		27,500	(2)	03/19/2018	Common Stock	
Stock Option (Right to buy)	\$ 27.65	11/16/2017		А	27,500		(3)	11/16/2022	Common Stock	14
Stock Appreciation Right	\$ 27.65	11/16/2017		А	11,000		(3)	11/16/2022	Common Stock	1

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
KETTIG DAVID T 96 CUMMINGS POINT ROAD STAMFORD, CT 06902	Х		President and COO				

Signatures

/David T. Kettig/	11/17/2017
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a "net exercise" of stock option. The reporting person received 8,993 shares of common stock on net exercise of option to
 (1) purchase 27,500 shares of common stock. The Company witheld 18,507 shares of common stock underlying the option for payment of the exercise price and applicable taxes, based on the closing stock price on November 16, 2017 of \$27.65.
- (2) Fully vested as of the date hereof.
- (3) Vests in three equal annual installments beginning on the one-year anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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