**GRABER LARRY** 

Form 4

August 23, 2018

#### FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

**OMB APPROVAL** 

January 31,

2005

Check this box Expires: STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

Estimated average burden hours per response... 0.5

Section 16. Form 4 or Form 5 obligations may continue.

if no longer

subject to

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Common

Common

Stock

Stock

08/22/2018

08/22/2018

(Print or Type Responses)

1. Name and Address of Reporting Person * GRABER LARRY			2. Issuer Name <b>and</b> Ticker or Trading Symbol INDEPENDENCE HOLDING CO [IHC]						5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)		
(Last) 96 CUMMI	(First) NGS POINT R	(Middle)	3. Date of (Month/D 08/21/20	· · ·					_X_ Director 10% Owner _X_ Officer (give title Other (specify below)		
			nendment, Date Original onth/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned						ly Owned				
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution	emed on Date, if Day/Year)	3. Transa Code (Instr.	8)	4. Securion(A) or Di (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock	08/21/2018			M		757	A	\$ 9.09	56,239	D	
Common Stock	08/21/2018			S		757	D	\$ 36.5	55,482	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

M

S

104

104

\$ 9.09 55,586

55,482

D

D

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SEC 1474 (9-02)

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction of Code Derivative (Instr. 8) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 9.09	08/21/2018		M	757	01/05/2013	01/04/2019	Common Stock	757
Employee Stock Option (Right to Buy)	\$ 9.09	08/22/2018		M	104	01/05/2013	01/04/2019	Common Stock	104

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
Topotong o who I while y I was ess	Director	10% Owner	Officer	Other			
GRABER LARRY 96 CUMMINGS POINT RD. STAMFORD, CT 06902	X		Chief Life Annuity Actuary SVP				

### **Signatures**

/s/ Larry R. Graber	08/23/2018		
**Signature of Reporting Person	Date		

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### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.