Southern National Bancorp of Virginia Inc Form 4

September 02, 2014

Section 16.

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Check this box if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to

**OMB APPROVAL** 

**OMB** 3235-0287 Number: January 31, Expires:

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5. Relationship of Reporting Person(s) to

Form 4 or Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

**SECURITIES** 

2. Issuer Name and Ticker or Trading

(Print or Type Responses)

1. Name and Address of Reporting Person \*

1(b).

STEVENS WILLIAM H			Symbol Southorn Notional Paragraph				Issuer				
			Southern National Bancorp of Virginia Inc [SONA]				(Check all applicable)				
	(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)			Director 10% Owner X Officer (give title Other (specify				
4607 A MCARTHUR BLVD. NW				07/22/2014				below) below) Executive Vice President			
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
WASHINGTON, DC 20007								Form filed by More than One Reporting Person			
	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
	1.Title of Security (Instr. 3)	2. Transaction (Month/Day/Y	any	emed on Date, if /Day/Year)	3. Transaction Code (Instr. 8)	4. SecuritonAcquired Disposed (Instr. 3,	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	National Bancorp of Virginia Common Stock							1,571	D		
	Southern National Bancorp of Virginia Common Stock							1,492	I	by IRA	

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Southern
National
Bancorp of
Virginia
Common
Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

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By 401k

Plan

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	e 3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Securit	ivative ties red	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	' (A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Number of Share
Employee Stock Option (Right to Buy)	\$ 9.09						12/31/2005	04/14/2015	Common Stock	16,50
Employee Stock Option (Right to Buy)	\$ 9.2						01/23/2009(1)	01/22/2018	Common Stock	1,500
Employee Stock Option (Right to Buy)	\$ 5.5						01/27/2010(2)	01/27/2019	Common Stock	1,500
Employee Stock Option (Right to Buy)	\$ 7.04						07/27/2011 <sup>(3)</sup>	07/27/2020	Common Stock	1,500

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Employee Stock Option (Right to Buy)	\$ 7.92				12/05/2013 <u>(4)</u>	12/05/2022	Common Stock	2,500
Employee Stock Option (Right to Buy)	\$ 9.14				06/21/2014(5)	06/21/2023	Common Stock	2,500
Employee Stock Option (Right to Buy)	\$ 10.47	07/22/2014	P	3,000	07/22/2015 <u>(6)</u>	07/22/2024	Common Stock	3,000

## **Reporting Owners**

Reporting Owner Name / Address	porting Owner Name / Address				
	Director	10% Owner	Officer	Other	

STEVENS WILLIAM H 4607 A MCARTHUR BLVD. NW WASHINGTON, DC 20007

**Executive Vice President** 

### **Signatures**

William H.
Stevens

\*\*Signature of Reporting Person

O9/02/2014

Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These options are exercisable as follows: 300 on 1/23/2009, 300 on 1/23/2010, 300 on 1/23/2011, 300 on 1/23/2012, 300 on 1/23/2013
- (2) These options are exercisable as follows: 300 on 1/27/2010, 300 on 1/27/2011, 300 on 1/27/2012, 300 on 1/27/2013, 300 on 1/27/2014
- (3) These options are exercisable as follows: 300 on 7/27/2011, 300 on 7/27/2012, 300 on 7/27/2013, 300 on 7/27/2014, 300 on 7/27/2015
- (4) These options are exercisable as follows: 500 on 12/5/2013, 500 on 12/5/2014, 500 on 12/5/2015, 500 on 12/5/2016, 500 on 12/5/2017
- (5) These options are exercisable as follows: 500 on 6/21/2014,500 on 6/21/2015, 500 on 6/21/2016, 500 on 6/21/2017, 500 on 6/21/2018
- (6) These options are exercisable as follows: 600 on 7/22/2015, 600 on 7/22/2016, 600 on 7/22/2017, 600 on 7/22/2018, 600 on 7/22/2019

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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