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FORUM ENERGY TECHNOLOGIES, INC.

Form 4 June 26, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Danford Michael Dewayne			2. Issuer Name and Ticker or Trading Symbol FORUM ENERGY	5. Relationship of Reporting Person(s) to Issuer		
			TECHNOLOGIES, INC. [FET]	(Check all applicable)		
(Last) 920 MEMOR WAY, SUIT		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/26/2014	Director 10% Owner Officer (give title Other (specify below) VP - Human Resources		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
HOUSTON, TX 77024				Person		
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Ac	equired, Disposed of, or Beneficially Owne		

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ty)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned	

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership	
		(Month Day, Tear)	(IIIsti. 0)		(A) or		Following Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)
Common Stock	06/26/2014		Code V M	Amount 4,050	(D)	Price \$ 6.08	67,503	D	
Common Stock	06/26/2014		S(1)	4,050	D	\$ 36.33	63,453	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 6.08	06/26/2014		M	4,050	<u>(2)</u>	06/30/2014	Common Stock	4,050

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Danford Michael Dewayne 920 MEMORIAL CITY WAY SUITE 1000 HOUSTON, TX 77024

VP - Human Resources

Signatures

a currently valid OMB number.

/s/ Michael D. Danford by John C. Ivascu as Attorney-in-Fact

06/26/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 7, 2014.
- These options, granted under the Forum Oilfield Technologies, Inc. 2005 Stock Incentive Plan, became exercisable in accordance with (2) the following schedule: 1/4 of the options became exercisable on each of the first, second, third and fourth anniversaries of the date of

grant (7/1/2009).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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