#### BROOKS RHONDA L

Form 4

December 01, 2010

#### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Check this box if no longer subject to Section 16

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Number: January 31, 2005

0.5

**OMB APPROVAL** 

Section 16. Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Estimated average burden hours per response...

See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and A BROOKS R	Address of Repo	rting Person *	2. Issuer Name <b>and</b> Ticker or Trading Symbol ARVINMERITOR INC [ARM]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an applicable)			
ARVINMERITOR, INC., 2135 WEST MAPLE ROAD			(Month/Day/Year) 12/01/2010	_X_ Director 10% Owner Officer (give title below) Other (specify below)			
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
TROY, MI 48084-7186			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I Non Derivative Securities Ac	guired Disposed of an Reneficially Owned			

(City)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5)			d of	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	12/01/2010		Code V	Amount 3,000 (1)	(A) or (D)	Price \$ 16.4	Transaction(s) (Instr. 3 and 4) 15,272 (2)	D	
Common Stock	12/01/2010		S	2,645	D	\$ 18.8	12,627 (2)	D	
Common Stock							12,507 (3)	I	Held by trust of which Ms. Brooks is trustee

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number out Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
stock options (right to buy)	\$ 16.4	12/01/2010		M		3,000	02/14/2002	02/14/2011	Common Stock	3,000
Restricted Share Units	\$ 0 (5)						<u>(5)</u>	<u>(5)</u>	Common Stock	13,500 (4)

### **Reporting Owners**

Reporting Owner Name / Address

Director 10% Owner Officer Other

BROOKS RHONDA L

ARVINMERITOR, INC.
2135 WEST MAPLE ROAD

## **Signatures**

TROY, MI 48084-7186

Rhonda L. Brooks, By: Barbara Novak, Attorney-in-fact

\*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Acquisition of shares upon exercise of stock option that would otherwise expire on February 14, 2011
- (2) Includes 7,960 shares of restricted stock that are held by the issuer to implement restrictions on transfer unless and until certain conditions are met.

Reporting Owners 2

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- (3) Reflects change in beneficial ownership from direct to indirect of 2,400 shares of common stock.
- Restricted share units vest and are paid or settled after the earliest of (1) six years from the date of award, (2) ten days after retirement from the Board after reaching age 72 and having at least 3 years of service as a director, and (3) the date of ceasing to be a director by reason of the antitrust laws, compliance with conflict of interest policies, death, disability or other circumstances that the Board deems not
  - to be adverse to the best interests of ArvinMeritor.
- (5) Restricted share units convert on a one-to-one basis into common stock on the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.