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VERIZON Form 4 April 27, 20	COMMUNICAT	IONS INC									
FORN Check th if no lon subject to Section Form 4 of Form 5 obligation may com <i>See</i> Instr 1(b).	nis box Iger o 16. or Filed pur pus tinue.	MENT O rsuant to S (a) of the 1	Wa F CHAN Section T Public U	NGES IN SECUF 16(a) of th Utility Hol	, D.C. 20 BENEF RITIES ne Securit ding Con	549 ICIAL OV ties Exchau	COMMISSION WNERSHIP OF nge Act of 1934, of 1935 or Sectic 940	OMB Number: Expires: Estimated burden hou response	urs per		
(Print or Type Responses) 1. Name and Address of Reporting Person <u>*</u> WALDEN MARNI M			Symbol	er Name and CON CON		-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) VERIZON COMMUNICATIONS INC., 1095 AVENUE OF THE AMERICAS				of Earliest T Day/Year) 2015	ransaction		Director 10% Owner X Officer (give title Other (specify below) below) EVP&Pres of Prod Innov&New Bus				
				endment, Da onth/Day/Yea	-	1	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 				
(City)	(State)	(Zip)	Tab	ole I - Non-I	Derivative	Securities A	cquired, Disposed o	of, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3, 4	(A) or of (D)	Securities Elementicially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect		
Reminder: Re	port on a separate line	e for each cl	ass of sec	urities benet	ficially own	ned directly of	or indirectly.				

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	or Exercise a		3A. Deemed Execution D any (Month/Day	ate, if	Code		5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. De Se (II
					Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock (unitized)	<u>(1)</u>	04/23/2015			А		100.181		<u>(1)</u>	<u>(1)</u>	Common Stock	29	\$
Reporting Owners													
Reporting Owner Name / Address				Relationships									
			Director	10% C		Other							
WALDEN MARNI M VERIZON COMMUNICATIONS INC. 1095 AVENUE OF THE AMERICAS NEW YORK, NY 10036				EVP&Pres of Prod Innov&New Bus									
Signat	ures												
William L Walden	for Marni M. 04/27/2015												
	ı	Date											
Explar	nation	of Respor	ises:										

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* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Each share of phantom stock is the economic equivalent of a portion of one share of common stock and is settled in cash. The shares of phantom stock become payable upon events established by the reporting person in accordance with the deferred compensation plan.

(2) Includes phantom stock acquired through dividend reinvestment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.