CNA FINANCIAL CORP

Form 4

February 20, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL OMB

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Check this box if no longer subject to Section 16. Form 4 or Form 5

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and A PONTAREI	Symbol	Name and				5. Relationship of Reporting Person(s) to Issuer					
			CNA FINANCIAL CORP [CNA]					(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of	Earliest Tra	ansaction			(Check an approach)			
333 S. WABASH			(Month/Day/Year) 02/18/2014					Director 10% Owner X Officer (give title Other (specify below) below) EVP & Chief Admin Officer			
	4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check					
CHICAGO,	Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Own									ly Owned		
1.Title of Security (Instr. 3)	_,,	Transaction Date 2A. Deemed fonth/Day/Year) Execution Date, is any (Month/Day/Year)		Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				5. Amount of Securities Form: Direct Indirect Beneficially (D) or Beneficial Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4) Reported Transaction(s) (Instr. 3 and 4)			
Common Stock	02/18/2014			Code V M	Amount 7,500	(D)	Price \$ 26.27	18,899	D		
Common Stock	02/18/2014			F(1)	5,626	D	\$ 42.85	13,273	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Do Se (In
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options	\$ 26.27	02/18/2014	M	7,500	(2)	04/28/2014	Common Stock	7,500	

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

PONTARELLI THOMAS 333 S. WABASH CHICAGO, IL 60604

EVP & Chief Admin Officer

Signatures

Thomas 02/20/2014 Pontarelli

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares of common stock sold to cover both the exercise price and the payment of taxes in connection with the exercise of the Stock Options.
- (2) As previously reported, the option became exercisable in four equal annual installments beginning on April 28, 2005.
- (3) The Reporting Person received the Stock Options at no cost.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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