#### MEDIA GENERAL INC

Form 4

Stock (no par value)

December 18, 2014

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							OMB APPROVAL			
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287	
Check th if no long		<i>5</i> /					Expires:	January 31, 2005		
subject to Section 1 Form 4 o	6. STATEMENT	OF CHAN	F CHANGES IN BENEFICIAL OWN SECURITIES					Estimated average burden hours per response 0.		
Form 5 obligatio may cont <i>See</i> Instru	inue. Section 17(a) of 1		tility Holo	ling Com	pany	Act of	f 1935 or Section	n		
(Print or Type I	Responses)									
Conschafter James R Symbol				Ticker or			5. Relationship of Reporting Person(s) to Issuer			
(Lost)		GENER		[MEC	j]	(Check all applicable)				
(Last) 333 EAST I	Date of Earliest Transaction onth/Day/Year) /17/2014				Director X Officer (give below)					
RICHMON	endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting					
(City)	(State) (Zip)	Tabl	a I Nan D	Aprivativa (	Socuri	tios Aco	Person uired, Disposed of	f or Ronoficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. (Month/Day/Year) Execution any	Fransaction Date 2A. Deemed onth/Day/Year) Execution Date, if			ies Ac	quired of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of	
** .*			Code V	Amount		Price	(Instr. 3 and 4)			
Voting Common Stock (no par value)	12/17/2014		M	12,333 (1)	A	\$ 2.16	32,733	D		
Voting Common Stock (no par value)	12/17/2014		S	12,333 (1)	D	\$ 17	20,400	D		
Voting Common Stock (no							17,526	I	401 (k)	

#### Edgar Filing: MEDIA GENERAL INC - Form 4

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of iorDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 2.16	12/17/2014		M		12,333	01/29/2012	01/29/2019	Voting Common Stock (no par value)	12,333

# **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Conschafter James R

333 EAST FRANKLIN STREET Vice President

RICHMOND, VA 23219

### **Signatures**

/s/ James R. Conschafter by Andrew C. Carington, Attorney-in-fact

12/18/2014

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These options were exercised pursuant to a pre-existing written trading plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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