



Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On December 7, 2016, Adams Resources & Energy, Inc., a Delaware corporation, issued a press release announcing the election of Josh C. Anders, age 40, as Executive Vice President, Chief Financial Officer and Treasurer of the Company effective December 15, 2016. Sharon C. Davis will resign from her position as interim Chief Financial Officer and Treasurer of the Company and will continue in her position as Executive Vice President, Chief Operating Officer and Chief Accounting Officer of the Company. A copy of the news release is furnished as Exhibit 99.1 to this report and is incorporated herein by reference.

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ADAMS RESOURCES & ENERGY, INC.

December 7, 2016 BY: /s/ Sharon C. Davis  
Sharon C. Davis  
Interim Chief Financial Officer