HUMANA INC Form 144

Form 144 August 25,	2003										
SEC	UNIT CURITIES AND E		TATES	MISSION		OM	B APPRO	VAL			
SEC	VIISSION	OMB Number 3235-0101									
	FC	ORM	144		Exp	pires: August 31					
Estimated average burden hours per response2.0											
								SEC U	JSE ONLY		
NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933									DOCUMENT SEQUENCE NO.		
order with	TON: Transmit fo	ite sa			ently	with either place	cing an	CUSII NUMI			
directly v	vith a market make	r						WORI LOCA			
1 (a) NAME OF ISSUER (Please type or print) Humana Inc.									c) S.E.C. FILE NO. -5975		
1 (d) AI	DDRESS OF ISSU	ER S	TREET CITY	STATE ZIP CO	DE						
500 West	Main Street, Loui	sville	e, KY 40202				(e)	TELEP	HONE		
							AREA CODE 502		NUMBERS 580-1000		
FOR WH THE SEC BE SOLI	2(a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD N/A Heidi S. Margulis (b) IRS (c) RELATIONSHIP TO ISSUER STREET CODE TO ISSUER STREET CODE ST. VP-Gov. Relations								CITY STATE ZIP		
INSTRU	CTION: The pers	son fi		e should contact the S.E.C. File			ne I.R.S. id	entificat	ion Number		
3 Title of the	(b) Name and Address of	SEC USE		(d) Aggregate Market Value		(e) Number of Shares	(f) Appr Date	oximate	(g) Name of Each		

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(a) Class of Securities To Be Sold	Broker	ter-D€ File	Sold	(See Instr. 3(d)	or Other Units Outstanding (See Instr. 3(e))	of Sale (See Instr. 3(f) MO. DAY YR.)	Securities Exchange (See instr. 3 (g))
Common	Hilliard-Lyons 4801 Olympia Park Plaza Suite 1000 Louisville, KY 40241		15,000	\$255,900 (Based on FMV on 08/21/03 of \$17.06)	161,790,510 as of 07/30/03	August 25, 2003	NYSE

INSTRUCTIONS:

- 1. (a) Name of Issuer
- (b) Issuer's I.R.S. Identification Number
- (c) Issuer's S.E.C. file number, if any
- (d) Issuer's address, including zip code
- (e) Issuer's telephone number, including area code

- 3. (a) Title of the class of securities to be sold
- (b) Name and Address of each broker through whom the securities are intended to be sold
- (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
- (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
- (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
 - (f) Approximate date on which the securities are to be sold
- (g) Name of each securities exchange, if any, on which the securities are intended to be sold

			inten	ded to be sold
a	ccou old	Name of person for whose and the securities are to be		
	dent	Such person's I.R.S. ification number, if such a is an entity		

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to the issue 10% stock immediate foregoing	h person's reer (e.g., office tholder, or me family of a ch persons's tip code	r, director, nember of any of the							
Form 144									Page 1 of 2
Furnisl and with	n the followin	g informatio	n w	ith	CURITIES TO espect to the a any part of the therefor.	acquisition of	the securities t	o be sold sideration	
Title of the Class	Date you Acquired	Nature o Acquisiti Transacti	on		Name of the Person from Whom Acquired (if ift, also give date donor acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment	
Common	08/07/03	Restricte Stock Aw			Issuer	15,000	N/A	N/A	
the table or obligation, obligation we 2. If within short position	curities were in a note ther or if payment as discharged two years af	eto the natural was made of the the acquired the acquired the acquired to the acquired the acqui	e o e in e la	the ins st ir	consideration allments des stallment paid f the securitie	n given. If the cribe the arra	consideration ngement and or whose acco	consisted of a state when the	chase, explain in any note or other ne note or other be sold had any 144, furnish full

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
N/A			None	
Information is to the person fo securities are to other person definition. In ad	ition of "persor	n" in The second be as to not the advite all and that the shall pull	TENTION: e person for who urities to which this resold hereby representice that he does not be reseinformation in red prospective operations securities to be sold volicly disclosed.	notice relates are to nts by signing this know any material egard to the current ons of the issuer of
whose sales are (e) of Rule 144	required by parage to be aggregated ount of the person	graph with		
uns neuro.			/s/	Heidi S. Margulis
	August 25, 2003			J
DATE OF NOT				JATURE)

This notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

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ATTENTION:

Intentional misstatements or omission of facts constitute

Federal Criminal Violations (See 18 U.S.C. 1001)