HUMANA INC Form 144 August 04, 2006

| August 04, 2006 UNITED STATES SECURITIES AND EVOLANCE COMMISSION | | | | | | OMB APPROVAL | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 | | | | | | 3235-0101 | | |
| FORM 144 | | | | | | December | | |
| NOTICE OF PROPOSED SALE OF SECURITIES | | | | | | | | |
| PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933 | | | | | | Estimated average burden | | |
| ATTENTION: | | | | | | | | |
| Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker. | | | | | | | | |
| executing a sate affectly with a market maker. | | | | | | DOCUMENT SEQUENCE NO. | | |
| | | | | | | | | |
| 1 (a) NAME OF ISSUER (Please type or print) (b) (c) | | | | | WORK LOCATION | | | |
| Humana Inc. | | | IRS IDENT. NO. S.E. 61-0647538 FILE NO. | | 5 | | | |
| | | | | • | (e) | | | |
| 1 (d) ADDRESS OF ISSUER STREET CITY STATE ZIP CODE | | | | | TELEPHONE | | | |
| 500 West Main Street Louisville | | | | | AREA CKOYDE | NUMBER 40202 | | |
| | | | | | 502 | 580-1000 | | |
| (b) IRS IDENT. N N/A | OTO I Seni Presi | SSUER or Vice ident & | (| CITY S V. Main | STATE | ZIP CODE 7 40202 | | |
| | ND EXCHAN hington, D.C FORM 144 DPOSED SAIL UNDER THE ATTENT ATTE | TREET ZIP CODE (b) (c) IRS REIDENT. NOTO N/A I Seni Pres | FORM 144 POSED SALE OF SECURITY UNDER THE SECURITIES ATTENTION: is form concurrently with either rket maker. Type or print) (b) IRS IDE 61-06 (c) IRS RELATIONSI IDENT. NOTO | FORM 144 POSED SALE OF SECURITIES UNDER THE SECURITIES ACT OF 19 ATTENTION: is form concurrently with either placing of the received by the security with either placing of the received by the security with either placing of the security with ei | FORM 144 POSED SALE OF SECURITIES UNDER THE SECURITIES ACT OF 1933 ATTENTION: is form concurrently with either placing an order rket maker. type or print) (b) IRS IDENT. NO. 61-0647538 FILE NO. 1-597 TREET CITY ZIP CODE (d) IRS RELATIONSHIPADDRESS STREET IDENT. NOTO CITY STREET SOOW. Main Senior Vice President & Street Louisv | ND EXCHANGE COMMISSION hington, D.C. 20549 FORM 144 POPOSED SALE OF SECURITIES UNDER THE SECURITIES ACT OF 1933 ATTENTION: is form concurrently with either placing an order response rket maker. Type or print) (b) IRS IDENT. NO. 61-0647538 CITY ZIP CODE (c) IRS IDENT. NO. 1-5975 REET CITY ZIP CODE (d) IRS RELATIONS HIPADDRESS STREET IDENT. NOTO N/A ISSUER Senior Vice President & Street COMB Number: 231, 2006 CExpires: 31, 2006 Expires: 31, 2006 SECURITIES (c) UCSIP N WORK I Expires: 31, 2006 SECURITIES (c) UCSIP N WORK I Expires: 31, 2006 SECURITIES (d) TELEP AREA CONDE SO2 | | |

Edgar Filing: HUMANA INC - Form 144

INSTRUCTION:

| 3 (a) | (b) | SEC USE ONL | (c) Y | (d) | (e) | (f) | (g) |
|------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|----------------|------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------|------------------------------------------------------------|----------------------------------------------------|
| Title of the Class of Securities To Be Sold | Name and Address of Each Broker Through Whom the Securities Are To Be Offered or Each Market Maker who is Acquiring the Securities | | Number of Shares r or Other Units To Be Sold (See Instr. 3 (c)) | Aggregate Market Value (See Instr. 3(d) | Number of Shares or Other Units Dutstanding (See Instr. 3(e)) | Approximate Date of Sale (See Instr. 3(f)) (MO. DAY YR.) | Name of Each Securities Exchange (See instr. 3 g)) |
| Common | Morgan Keegan & Co. Aegon Tower, 400 W. Market St., 20th Floor Louisville, KY 40202 | | 25,600 | \$1,491,66 (Based on FMV on 8/3/06 of \$58.268) | 1165,118,3 as of 7/31/06 | 0 A ugust 7, 2006 | NYSE |
| | | | | | | | |

3. (a) Title of the class of securities to be sold

INSTRUCTIONS:

- 1. (a) Name of Issuer

 - (b) Issuer's I.R.S. Identification Number Aggregate market value of the securities to be sold as of a specified date within
 - (d) Issuer's address, including zib code by the most recent report or statement published by the issuer
 - (e) Issuer's telephone number, including are accounted at a constant of the securities are to be sold
 - (g) Name of each securities exchange, if any, on which the securities are intended to

(b) Name and Address of each broker through whom the securities are intended to b

(c) Number of shares or other units to be sold (if debt securities, give the aggregate

Edgar Filing: HUMANA INC - Form 144

- 2. (a) Name of person for whose account the securities are to be sold
 - (b) Such person's I.R.S. identification number, if such person is an entity
 - (c) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing
- (d) Such person's address, including zip code

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1147 (01-04)

TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor.

| Title of the Class | Date you Acquired | Nature of Acquisition Transaction | Name of the Person from Whom Acquired (if gift, also give date donor acquired | Amount of Securities Acquired | Date of Payment | Nature of Payment |
|-----------------------|----------------------|-----------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------|--------------------|----------------------|
| Common | 08/07/2006 | Stock Option Exercise | Issuer | 25,600 | 08/07/2006 | Cash |

INSTRUCTIONS:

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS (1) Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold. Amount of Name and Address of Seller Title of Date of Securities Gross

Edgar Filing: HUMANA INC - Form 144

| | Securities Sold | Sale | Sold | Proceeds |
|----------|-----------------|------|------|----------|
| None | | | | |
| | | | | |
| | | | | |
| REMARKS: | | | | |

INSTRUCTIONS:

See the definition of "person" in paragraph (a) 9 of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the issuer of the securities to be sold which has not been publicly disclosed

August 4, 2006

/s/ Arthur P. Hipwell

DATE OF NOTICE

(SIGNATURE)

This notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)

SEC 1147 (01/04)