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Form 4 April 21, 200 FORM Check thi if no long subject to Section 10 Form 4 or Form 5 obligation	April 21, 2005 FORM 4 Check this box if no longer subject to Section 16. Form 4 or						OMB APPROVAL OMB 3235-0287 Number: January 31, 2005 Estimated average burden hours per response 0.5	
<i>See</i> Instru 1(b).		30(n) of the inv	vestment Compan	y Act of 194	+0			
(Print or Type R	Responses)							
HELMAN ROBERT A Symbol			[·] Name and Ticker or [·] IERN TRUST CO	-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			-	X Director Officer (give below)	(give title 10% Owner Other (specify below)			
(Street) 4. If Amen			ndment, Date Original th/Day/Year)		 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
CHICAGO, IL 60675				Person				
(City)	(State) (Zij	^{p)} Table	e I - Non-Derivative S	Securities Acc	uired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	a	Execution Date, if	3. 4. Securi Transaction(A) or Di Code (D) (Instr. 8) (Instr. 3, Code V Amount	sposed of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial	
Common Stock (1)	04/19/2005		A 536.75	A \$0	5,336.75	D		
Common Stock					3,600	D		
Common Stock					3,600	I	By Trustee for Emp Ret Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
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(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	;	Date	7. Title Amour Underl Securit (Instr. 1	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
HELMAN ROBERT A 50 S. LA SALLE ST. CHICAGO, IL 60675	Х						
Signatures							
Eileen C. Ratzka POA for Rob Helman	04/21/2005						
**Signature of Reporting Persor	Date						
Evaluation of Responses:							

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Represents stock units payable automatically on a 1-for-1 basis in shares of the Corporation's common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.