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Powell Jeffr Form 4	•									
March 12, 2	ЛЛ								OMB AF	PPROVAL
	UNITED	STATES		AITIES A shington,			NGE C	COMMISSION	OMB Number:	3235-0287
Check th if no lon subject t Section Form 4 o Form 5	ger o STATEM 16. or			SECUR	ITIES		NERSHIP OF e Act of 1934,	Expires: Estimated a burden hou response		
obligatic may con <i>See</i> Instr 1(b).	$\frac{1}{1}$ Section $17(a)$	a) of the l	Public Ut		ling Con	npany	y Act of	1935 or Section	1	
(Print or Type	Responses)									
1. Name and A Powell Jeff	Address of Reporting F rey L	Person [*]	Symbol	Name and		Tradi	ng	5. Relationship of Issuer	Reporting Pers	son(s) to
(Last)	(First) (N	liddle)		NT INC [] Earliest Tr	-			(Check	k all applicable)
KADANT		,	(Month/D 03/10/20	ay/Year)	ansaction			Director <u>X</u> Officer (give below) EVI		Owner er (specify
WESTFOR	(Street) CD, MA 01886			ndment, Da ith/Day/Year)	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by C Form filed by M	One Reporting Pe	rson
(City)		(Zip)	Tabl	. I. Nom D		G		Person	Dan off sight	ha Orana d
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deer Execution any	ned	3. Transactio Code	4. Securi n(A) or Di (Instr. 3,	ties A spose	cquired d of (D)	uired, Disposed of 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial
Common Stock	03/10/2019			М	2,803	А	<u>(1)</u>	9,053	D	
Common Stock	03/10/2019			F	1,058	D	\$ 85.97	7,995	D	
Common Stock	03/10/2019			М	718	А	<u>(2)</u>	8,713	D	
Common Stock	03/10/2019			F	319	D	\$ 85.97	8,394	D	
Common Stock	03/10/2019			М	3,149	А	<u>(3)</u>	11,543	D	

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Common Stock	03/10/2019	F	926	D	\$ 85.97	10,617	D
Common Stock	03/10/2019	М	525	А	<u>(4)</u>	11,142	D
Common Stock	03/10/2019	F	234	D	\$ 85.97	10,908	D
Common Stock	03/10/2019	М	2,002	A	<u>(5)</u>	12,910	D
Common Stock	03/10/2019	F	889	D	\$ 85.97	12,021	D
Common Stock	03/10/2019	М	420	A	<u>(6)</u>	12,441	D
Common Stock	03/10/2019	F	187	D	\$ 85.97	12,254	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transactionof Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit	\$ 0	03/10/2019		М	2,803	<u>(1)</u>	03/31/2019	Common Stock	2,803
Restricted Stock Unit	\$ 0	03/10/2019		М	718	(2)	03/31/2019	Common Stock	718
Restricted Stock Unit	\$ 0	03/10/2019		М	3,149	(3)	04/30/2020	Common Stock	3,149
Restricted Stock Unit	\$ 0	03/10/2019		М	525	(4)	04/30/2020	Common Stock	525
	\$ 0	03/10/2019		М	2,002	(5)	04/30/2021		2,002

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Restricted Stock Unit							Common Stock	
Restricted Stock Unit	\$ 0	03/10/2019	М	420	<u>(6)</u>	04/30/2021	Common Stock	420

Reporting Owners

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
Powell Jeffrey L KADANT INC. ONE TECHNOLOGY PARK DRIVE WESTFORD, MA 01886			EVP & Co-COO	
Signatures				
/s/ Stacy D. Krause, by power of attorney	03	/12/2019		
<u>**</u> Signature of Reporting Person		Date		
Explanation of Respor	ises:			

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares represent the partial settlement under a performance-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2019 and was converted to common stock on a one-for-one basis on the vesting date.
- (2) The shares represent the partial settlement under a time-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2019 and was converted to common stock on a one-for-one basis on the vesting date.
- (3) The shares represent the partial settlement under a performance-based RSU award granted March 8, 2017. One-third of the RSU vested and became distributable on March 10, 2019 and was converted to common stock on a one-for-one basis on the vesting date.
- (4) The shares represent the partial settlement under a time-based RSU award granted March 8, 2017. One-third of the RSU vested and became distributable on March 10, 2019 and was converted to common stock on a one-for-one basis on the vesting date.
- (5) The shares represent the partial settlement under a performance-based RSU award granted March 7, 2018. One-third of the RSU vested and became distributable on March 10, 2019 and was converted to common stock on a one-for-one basis on the vesting date.
- (6) The shares represent the partial settlement under a time-based RSU award granted March 7, 2018. One-third of the RSU vested and became distributable on March 10, 2019 and was converted to common stock on a one-for-one basis on the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.