

PYRAMID OIL CO  
Form 4  
July 11, 2008

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**HERMAN MICHAEL D**

2. Issuer Name and Ticker or Trading Symbol  
**PYRAMID OIL CO [PYOL]**

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

PO BOX 60446

07/09/2008

(Street)

4. If Amendment, Date Original Filed (Month/Day/Year)

6. Individual or Joint/Group Filing (Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

COLORADO SPRINGS, CO 80960

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	07/09/2008		S		331	D	\$ 16.26
Common Stock	07/09/2008		S		723	D	\$ 16.75
Common Stock	07/09/2008		S		1,650	D	\$ 16.8546
Common Stock	07/09/2008		S		367	D	\$ 15.44
Common Stock	07/09/2008		S		4,833	D	\$ 15.45
Common Stock	07/09/2008		S		100	D	\$ 15.46

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Common Stock									
Common Stock	07/09/2008		S	2,600	D	\$ 15.5	2,342,582	D	
Common Stock	07/09/2008		S	711	D	\$ 15.51	2,341,871	D	
Common Stock	07/09/2008		S	389	D	\$ 15.58	2,341,482	D	
Common Stock	07/09/2008		S	1,000	D	\$ 15.59	2,340,482	D	
Common Stock	07/09/2008		S	16,886	D	\$ 15.75	2,323,596	D	
Common Stock	07/09/2008		S	410	D	\$ 15.861	2,323,186	D	
Common Stock	07/10/2008		S	6,100	D	\$ 15.5	2,317,086	D	
Common Stock	07/10/2008		S	100	D	\$ 15.56	2,316,986	D	
Common Stock	07/10/2008		S	3,000	D	\$ 15.55	2,313,986	D	
Common Stock	07/10/2008		S	200	D	\$ 15.62	2,313,786	D	
Common Stock	07/10/2008		S	200	D	\$ 15.71	2,313,586	D	
Common Stock	07/10/2008		S	178	D	\$ 15.77	2,313,408	D	
Common Stock	07/10/2008		S	10,000	D	\$ 15.5	2,303,408	D	
Common Stock							19,991	I	Owned by spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene
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Derivative Security	Code	V	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares	(Instr. 3 and 4)
			(A)	(D)					

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
HERMAN MICHAEL D PO BOX 60446 COLORADO SPRINGS, CO 80960	X	X		

## Signatures

/Michael D.  
Herman/ 07/11/2008

\_\_Signature of Reporting Person Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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