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ALLIED IRISH BANKS PLC Form 6-K January 17, 2006

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 under the Securities Exchange Act of 1934

For the date of 16 January, 2006

ALLIED IRISH BANKS, public limited company

Bankcentre, Ballsbridge, Dublin 4, Republic of Ireland

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F..X... Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X...

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-

For Immediate Release - Monday, 16 January 2006

Listing Rule 6.6.13

In connection with the recent appointment of Mr. John O' Donnell to the Board of Allied Irish Banks, p.l.c., there are no details to be notified to the Company Announcements Office pursuant to Listing Rule 6.6.13.

ENI

For further information, please contact:

Liam Kinsella

Secretary

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AIB Group	
Bankcentre	
Ballsbridge	
Dublin 4	
Tel: 00-353-1-6413907	
Signatures	
Pursuant to the requirements of the Securities registrant has duly caused this report to be sundersigned, thereunto duly authorised.	
	ALLIED IRISH BANKS, p.l.c. (Registrant)
Date 16 January, 2006	By: Gary Kennedy Group Director, Finance, Risk and Enterprise Technology Allied Irish Banks, p.l.c.