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ALLIED IRISH BANKS PLC Form 6-K November 06, 2006

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 under the Securities Exchange Act of 1934

For the date of 06 November 2006

ALLIED IRISH BANKS, public limited company

Bankcentre, Ballsbridge, Dublin 4, Republic of Ireland

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F..X... Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X...

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b): 82-

For Immediate Release

6th November 2006

AIB HOSTS "MEET THE MANAGEMENT" DAY

Allied Irish Banks, p.l.c. ("AIB") (NYSE: AIB) has invited institutional investors and analysts to meet the management team in London on 8th November, 2006.

Copies of the presentations will be available on the Group's website at www.aibgroup.com/investorrelations from 8:45 a.m.

A recorded webcast of the event will also be available from mid afternoon. The webcast will not be available during the event.

No new trading or price sensitive information will be disclosed during these presentations.

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-Ends-

For further information please contact:

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Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorised.

ALLIED IRISH BANKS, p.l.c. (Registrant)

Date 06 November 2006

By: _______
John O'Donnell
Group Director, Finance,
Risk and Enterprise
Technology
Allied Irish Banks, p.l.c.