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ALLIED IRISH BANKS PLC
Form 6-K
September 06, 2007

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16
under the Securities Exchange Act of 1934

For the date of 06 September 2007

ALLIED IRISH BANKS, public limited company

Bankcentre, Ballsbridge, Dublin 4, Republic of Ireland

Indicate by check mark whether the registrant files or will file annual reports
under cover of Form 20-F or Form 40-F.

Form 20-F..X... Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information
contained in this Form is also thereby furnishing the information to the
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X...

If "Yes" is marked, indicate below the file number assigned to the registrant
in connection with Rule 12g3-2(b): 82- _____

For Immediate Release

6th September 2007

BOARD APPOINTMENT AT AIB

Allied Irish Banks, p.l.c. ("AIB") (NYSE: AIB) is pleased to announce the
appointment today of Mr Stephen Kingon, as a Non-Executive Director.

Mr. Kingon, who recently retired as Managing Partner of PricewaterhouseCoopers,
in Northern Ireland, is Chairman of Invest Northern Ireland, the key economic
development agency, and is Chairman of the Centre for Competitiveness. He is a
member of the Economic Development Forum, which advises Ministers on issues
relating to the development and future competitiveness of the Northern Ireland
economy. He co-chairs the North/South Roundtable Group, which seeks to

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improve the competitiveness of the Island economy.

Mr. Kingon is a fellow of the Institute of Chartered Accountants in Ireland and of the Institute of Business and Management Consultants. He is a past-President of the Northern Ireland Chamber of Commerce and Industry, and past-Chairman of: Business in the Community in Northern Ireland; the Ulster Society of Chartered Accountants; and the Institute of Management Consultancy in Northern Ireland.

-Ends-

For further information, please contact:

Catherine Burke
Head of Corporate Relations
AIB Group
Bankcentre
Dublin 4
Tel: +353-1-6600311 ext. 13894

Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorised.

ALLIED IRISH BANKS, p.l.c.
(Registrant)

Date 06 September 2007

By: _____
John O'Donnell
Group Director, Finance,
Risk and Enterprise
Technology
Allied Irish Banks, p.l.c.