STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

COUGHLIN THOMAS MICHAEL

Form 4

December 18, 2018

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB 3235-0287 Number:

January 31, Expires: 2005

Estimated average

burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person COUGHLIN THOMAS MICHAEL			2. Issuer Name and Ticker or Trading Symbol BCB BANCORP INC [BCBP]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 104-110 AVE		Middle)	3. Date of (Month/Date 12/14/20	ny/Year)	ransaction			_X_ Director _X_ Officer (gives below)	109	6 Owner er (specify	
BAYONNE,	(Street) NJ 07002		4. If Amen Filed(Mont		nte Original			6. Individual or Applicable Line) _X_ Form filed by Form filed by Person		erson	
(City)	(State)	(Zip)	Table	I - Non-E	Derivative S	Securi	ties Ac	quired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	Execution any	med on Date, if Day/Year)	3. Transacti Code (Instr. 8)		d (A) o))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	12/14/2018			A	4,500 (1)	A	\$ 0	182,908	D		
Common Stock								52,874	I	By IRA	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of corderivative Securities Acquired (A or Disposed (D) (Instr. 3, 4, and 5)	A) d of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) ((D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options	\$ 11.26	12/14/2018		A	25,000 (2)		12/14/2019	12/14/2028	Common Stock	25,000 (2)
Stock Options	\$ 12.4						09/13/2018	09/13/2027	Common Stock	25,000
Stock Options	\$ 10.92						09/16/2017	09/16/2026	Common Stock	50,000
Stock Options	\$ 10.78						12/03/2016	12/03/2025	Common Stock	10,000
Stock Options	\$ 9.03						01/17/2014	01/17/2023	Common Stock	10,000
Stock Optins	\$ 8.93						09/29/2012	09/29/2021	Common Stock	5,000
Stock Options	\$ 13.32						03/07/2015	03/07/2024	Common Stock	10,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
COUGHLIN THOMAS MICHAEL 104-110 AVENUE C BAYONNE, NJ 07002	X		President and CEO				

Signatures

/s/ Thomas Keating, pursuant to power of attorney 12/18/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares of restricted stock vest at a rate of 50% per year commencing December 14, 2019.

Reporting Owners 2

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(2) Stock options vest at a rate of 50% per year commencing on December 14, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.